

**SUNDAY / DOMINGO**

**10:30AM 1.5HR Pasos Y Tradiciones**, Valor Recovery Center, 383 Worthington Street, Springfield, MA, 01103 **(O,BL,ES,St,Tr,WC)** *15 person limit, masks required*

**2:00PM 1.25HR Miracles Do Happen**, 284 Main Street, Indian Orchard, MA, 01151 **(O,RF,WC)**

**6:30PM 1HR Ware Clean**, Trinity Episcopal Church (Basement), Park and Pleasant Street, Ware, MA, 01082 **(O,B,D,RF,S)**

**7:00PM 1HR Back To Basics**, Agawam Congregational Church, 745 Main Street, Agawam, MA, 01001 **(O,BT,D,RF,S)** *Please bring your Basic Text.*

**7:00PM 1.5HR Second Chance At Life**, Bethesda Lutheran Church, 455 Island Pond Road, Springfield, MA, 01118 **(O,RF)**

**MONDAY / LUNES**

**NOON 1.42HR Noontime Today**, United Temple C.O.G.I.C., 191 Walnut Street, Springfield, MA, 01105 **(O,D,WC)**

**NOON 1.25HR Western Mass Midday Meeting**, Wesley United Methodist Church, 741 State Street, Springfield, MA, 01109 **(St)**

**7:00PM 1.25HR Attitude of Gratitude**, First United Methodist Church, Basement, 25 Church Street, Greenfield, MA, 01301 **(O,B,Lit,SD)**

**7:00PM 1.25HR Indian Orchard New Beginnings**, Orchard Covenant Church, Rear Entrance, 95 Berkshire Street, Indian Orchard, MA, 01151 **(C,RF)**

**TUESDAY / MARTES**

**NOON 1.42HR Noontime Today**, United Temple C.O.G.I.C., 191 Walnut Street, Springfield, MA, 01105 **(O,D,WC)**

**NOON 1HR Terminally Hip Fatally Cool**, 2nd Congregational Church, 16 Court Square, Greenfield, MA, 01301 **(O,SD)**

**7:00PM 1.25HR A Change For The Better**, Bethesda Lutheran Church, 455 Island Pond Road, Springfield, MA, 01118 **(O,RF)**

**7:00PM 1HR Meeting Of The Waters**, Belchertown United Congregational Church (Downstairs), 18 Park Street, Belchertown, MA, 01007 **(C,RF,WC)**

**7:00PM 1.25HR Sistahs Steppin'**, Faith United Methodist, 191 Montcalm Street, Chicopee, MA, 01020 **(O,BT,St,W,WC)**

**7:00PM 1.5HR Un Nuevo Dia**, St Thomas Church, 35 Harriet Street, Springfield, MA, 01107 **(O,D,ES,RF,WC)**

**7:00PM 1HR Vision Without Limits**, Church of Christ, 61 Upper Church Street, West Springfield, MA, 01089 **(O,ME)**

**7:15PM 1.25HR Living Clean**, In back, 25 Church Street, Greenfield, MA, 01302 **(C,D,BK)**

**WEDNESDAY / MIÉRCOLES**

**NOON 1.42HR Noontime Today**, United Temple C.O.G.I.C., 191 Walnut Street, Springfield, MA, 01105 **(O,D,WC)**

**NOON 1.25HR Western Mass Midday Meeting**, Wesley United Methodist Church, 741 State Street, Springfield, MA, 01109 **(St)**

**6:00PM 1.5HR More Will Be Revealed**, Deborah Hunt Center, 34-38 Catherine Street, Springfield, MA, 01109 **(O,TW,WC,Lit)** *Meets 1st and 3rd Wednesday only.*

**7:00PM 1HR Recovery For Every Walk of Life**, Agawam Congregational Church, 745 Main Street, Agawam, MA, 01001 **(O,RF,WC)** *Meets upstairs*

**7:00PM 2HR Screaming Dogs in Recovery**, Bethesda Lutheran Church, 455 Island Pond Road, Springfield, MA, 01118 **(O,M)**

**7:30PM 1.25HR People Recovering Over Stepwork (PROS)**, First Churches of Northampton, 129 Main Street, Northampton, MA, 01060 **(O,St)**

**THURSDAY / JUEVES**

**NOON 1.42HR Noontime Today**, United Temple C.O.G.I.C., 191 Walnut Street, Springfield, MA, 01105 **(O,D,WC)**

**NOON 1HR Terminally Hip Fatally Cool**, 2nd Congregational Church, Behind City Hall, 16 Court Square, Greenfield, MA, 01301 **(O,Lit)**

**6:30PM 1.5HR Write to Recover**, First Churches of Northampton, 129 Main Street, Northampton, MA, 01060 **(O,D,St,BK)** *Bring your Step Work or NA Literature, 20 Mins reserved for Step Writing/Reading*

**7:00PM 1HR A New Way Of Life**, Palmer Historical Cultural Center, 2072 Main Street, Three Rivers, MA, 01080 **(O,RF)**

**7:00PM 1.5HR First Things First**, Mount Calvary Baptist Church, 17 John Street, Springfield, MA, 01104 **(O,D,WC)**

**7:00PM 1.5HR Juntos Podemos**, Valor Recovery Center, 383 Worthington Street, Springfield, MA, 01103 **(O,D,ES,RF,WC)**

**7:15PM 1.25HR Steps To Freedom**, Saint Anne Parish, 30 College Street, Chicopee, MA, 01020 **(O,St,Tr,WC)**

**7:30PM 1.5HR We Have A Choice**, Church of the Atonement, 36 Court Street, Westfield, MA, 01085 **(O,B,D,JT,S,St,WC)**

**FRIDAY / VIERNES**

**NOON 1.42HR Noontime Today**, United Temple C.O.G.I.C., 191 Walnut Street, Springfield, MA, 01105 **(O,D,WC)**

**NOON 1.25HR Western Mass Midday Meeting**, Wesley United Methodist Church, 741 State Street, Springfield, MA, 01109 **(St)**

**6:00PM 1.25HR Room For Growth**, MA, 01375 **(O,JT,RF,To,VM,LC,SD)**

**7:00PM 1HR A New Way of Life**, First United Methodist Church, Side Door, 25 Church Street, Greenfield, MA, 01301 **(O,SD)**

**7:00PM 1.5HR Come Grow With Us**, Sacred Heart Church, Rectory, 395 Chestnut Street, Springfield, MA, 01104 **(O,D,S,WC)** *Bring Coffee, Vaccinated do not need masks*

**7:30PM 1.5HR Time Group**, Bethesda Lutheran Church, 455 Island Pond Road, Springfield, MA, 01118 **(O,RF,WC)** *Masks will be required.*

**SATURDAY / SÁBADO**

**9:30AM 1.5HR No Pain No Gain**, 385 Worthington Street, Springfield, MA, 01103 **(O,JT,WC)** *Social Distancing and Masks Required*

**6:30PM 1.25HR Saturday Night Live**, 2nd Congregational Church (Schl St Entr, downstairs), 1080 Pleasant Street, Palmer, MA, 01069 **(O,RF)**

**7:00PM 1HR Principles Prevail**, St Davids Episcopal Church, 699 Springfield Street, Agawam, MA, 01030 **(O,B,BT,St,WC,BK)**

**7:30PM 1.25HR Powerless Not Helpless**, 38 Catherine Street, Springfield, MA, 01109 **(O,RF)**

**MEETING FORMAT LEGEND**

B	Beginners	BK	Book Study
BL	Bi-Lingual	BT	Basic Text
C	Closed	D	Discussion
ES	Espanol	JT	Just for Today
LC	Living Clean	Lit	Literature Study
M	Men	ME	Meditation
O	Open	RF	Rotating Format
S	Speaker	SD	Speaker/Discussion
St	Step	TW	Traditions Workshop
To	Topic	Tr	Tradition
VM	Virtual Meeting	W	Women
WC	Wheelchair		

**HELPLINES**

New Englad Region Helpline 1-866-NA-HELP-USA

**SERVICE MEETINGS**



**WESTERN MASSACHUSETTS  
AREA**

**MEETING LIST**

**MARCH 2025**

**24 HOUR HELPLINE  
NUMBER**

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

*Basic Text, page 65*

<https://na.org>

**SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE  
KEEP COMING BACK. IT WORKS**